

unique & effective ways
to improve your life



Your Ming Gua	Best + 90	2nd + 80	3rd + 70	4th + 60	Not Great - 60	Bad - 70	Really Bad - 80	Worst - 90
	Head Faces At Work Desk	Bed Faces Stove Faces	Around Dining Table	Head Faces In Bed				
	<i>Sheng Qi</i> Wealth & Respect	<i>Tian Yi</i> Good Health & Relations	<i>Yan Nian</i> Long Life & Happy Family	<i>Fu Wei</i> Peace Stability	<i>Ho Hai</i> Minor Losses	<i>Wu Gwei</i> Accidents No Respect	<i>Lui Sha</i> Quarrels Loss	<i>Jue Ming</i> Total Loss
1	SE	E	S	N	W	NE	NW	SW
2	NE	W	NW	SW	E	SE	S	N
3	S	N	SE	E	SW	NW	NE	W
4	N	S	E	SE	NW	SW	W	NE
6	W	NE	SW	NW	SE	E	N	S
7	NW	SW	NE	W	N	S	SE	E
8	SW	NW	W	NE	S	N	E	SE
9	E	SE	N	S	NE	W	SW	NW

See instructions on how to calculate your Ming Gua on the following page

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Step 1) Add the numbers together of your year of birth to create a single digit i.e.
1975 = 4, 1983 = 3, 1969 = 7

Step 2) If you are female add 4. For a female born in 1969 = 7.
7 plus 4 for a *female* = 11 = 2. Your Ming Gua is 2

If you are male subtract from 11.
For a *male* born in 1969, subtract 7 from 11 = 4. Your Ming Gua is 4

Note: A year that adds up to 5 for a *female* becomes 8 Ming Gua
A year that adds up to 5 for a *male* becomes 2 Ming Gua.

Remember Chinese New Year begins around February 4 each year, so if you were born on February 1, 1969 the year you calculate for your Ming Gua is actually 1968.



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